

ST. THOMAS MORE NEWMAN CENTER
NEWMAN NEWS

Twenty-ninth Sunday in Ordinary Time | October 20, 2019 | www.comonewman.org



MASS TIMES —

SUNDAY: 9 a.m. | 11 a.m.

5 p.m. | 8 p.m.

SATURDAY: 5 p.m.

WEEKDAY: Noon

RECONCILIATION:

Tuesday & Saturday: 4 - 4:30 p.m.

ADORATION:

Weekday: 8:30-9:30 a.m.

OFFICE HOURS:

Monday-Friday:

8 a.m.-Noon & 12:30-4:30 p.m.

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[.com/CoMoNewman](https://www.facebook.com/CoMoNewman)

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 **#COMONEWMAN
PHOTO OF THE WEEK**



@chris5y.m7

"How are you?" "Cold" was the general mood the past 24 hours. Had an absolute blast at my first MIZ homecoming!! #mizzou #traditionstandsforever @comonewman @mizzou_catholic



"Will not God then secure
the rights of his chosen ones
who call out to him day and night?
Will he be slow to answer them?"

Luke 18

IN THIS WEEK'S ISSUE

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MADE FOR COMMUNITY



RENEE MOLNER

Director of Youth Ministry

For the past few years, a few days before New Years, I've gone to an online "Word of the Year" generator to pick a word to focus on for the upcoming year. It gives you a word such as "peace" or "fearless" or "presence" to meditate on throughout the upcoming year. It's interesting to see how your word weaves its way into the fabric of your year. My word has made me pause at moments when things get chaotic and somehow helps me to live in the present more. And it's seemed incredibly fitting, as 2019 as gone on, that my word for this year is "community."

In the first reading today, Joshua and Moses are in battle with Amalek. It reads, *"As long as Moses kept his hands raised up, Israel had the better of the fight"* (Ex 17:11). And as Moses grows tired, he has his relatives Aaron and Hur to help. *"Meanwhile, Aaron and Hur supported his hands, one on one side and one on the other, so that his hands remained steady till sunset"* (Ex 17:12). And Joshua and Moses win the battle.

It's become increasingly evident to me this year that we were not made to do this alone. We were not made to go through life or grow in faith on our own; instead, we're made for community. We are imperfect creatures who struggle with loneliness and sometimes try to rely too much on ourselves. In the beginning, God created woman to be with man. Genesis 2:18 shows God saying, *"It is not good for the man to be alone."* Up until then, He has been proclaiming after each creation that it is good. This is the first time He says that something is not good.

As Moses had Aaron and Hur to help him as his strength is failing, we need people to do the same for us. I've felt particularly blessed this year being a part of a young professional/graduate women Bible study. Meeting weekly with these women encourages me. It reminds me that I'm not alone, and I learn so much more from them than I would've learned if I were on my own. Every single week, the Holy Spirit shows up to me through these friends I've made, and I've gotten to know God so much better because of it.

It can seem intimidating to join a group of people at first, but sometimes we need to take that plunge to truly grow in ways we didn't know were possible. The overall Newman Center community has given me so many other communities: my friends from when I went to college at Mizzou, my Bible study ladies, the other staff members who encourage and support me, and the Life Teen community with whom I am so grateful to experience life. I try to stress the importance of community to the teens; we start Life Nights with family-style dinners, and we start Confirmation classes with snacks and conversation. We meet in small groups as much as possible to make close connections. We were not made to do this alone.

Life is hard. But we are incredibly blessed. We get to walk to Heaven with wonderful people surrounding us. This is not a solo journey. We have others to pick us up when we fall, to guide us when we get lost, and to celebrate with us through the milestones. Somewhere along the way, God makes Himself known through each of the people we encounter. Sometimes we just need to remember to turn to those who walk with us and hold up their arms throughout the battle. We'll fight the good fight together, knowing that God wins, and we get to experience that win together.

Renee Molner

SITUATION AWARENESS

Safety and security at church is on our minds in the Columbia parishes. This article provides useful information intended to make us all think and be safer in our church and everyday environment. What are the levels of Situational Awareness? How do you recognize patterns of behavior to increase our situational awareness? This involves being aware of what is happening around us in order to understand how information, events, and one's own actions affect both immediate and long-term actions.

Situational awareness has three levels:

1. Perceiving critical factors
2. Understanding those factors
3. Understanding what those factors will cause to happen

Maintaining a sense of situational awareness can improve decision-making under pressure and allows one to get a better understanding of the circumstances they are dealing with.

How do we increase our situational awareness? We practice by recognizing patterns of behavior. Look for behavior that doesn't fit the expected context of the situation, based on one's knowledge of the location, people, and the environment. Scan the surroundings and identify cover points, possible ambush points, and escape routes.

We can practice situational awareness and increase it by taking the following steps:

1. We use direct vision, but we must also use peripheral vision when out in public. While speaking with someone in public, observe what is happening around them and still maintain eye contact with them and listen to them.
2. Scan when we first enter a new environment, focus on things that have to do with your personal safety, and pay attention to the following:
 - Where are the exits and how accessible are they?
 - Barriers can get in your way, but they can also be used to keep someone away. Find barriers and see how to avoid them to reach an exit point or how to use them to keep a potential threat away.
 - If something doesn't look right, like an unattended bag, immediately notify a staff member.
 - Suspicious people are those whose behavior is not consistent with one's surroundings.
3. We all have a sense of personal boundaries of space and the distance that we naturally keep when standing near strangers. When someone invades personal space, be aware of several things:
 - Use visualization to assess a situation and determine actions.
 - Much is written about following your gut instincts and also about how we ignore its signals. Pay attention to your gut feelings — they alert you and help to protect you.

In closing, we must find the balance of the proper level of situational awareness while at Mass and in our daily lives. While at Mass, we want our thoughts to be on the miracle of Mass and not on what is going on around us. This is why our parish administration is addressing safety and security at church. We do not want to live in fear; we want to **live prepared, not scared!**



**LIBRARY CLOSED THIS SEMESTER**

For the full catalog listing of the library, visit:
www.comonewman.org/dbd-ministries/kemper-library

MONDAY, OCTOBER 21

6 p.m.	Mass Planning Team Meeting/Aquinas
7 p.m.	RCIA/MPR
7 p.m.	Baptismal Preparation Class/Disciples
7:15 p.m.	Student Choir Rehearsal/Chapel
9:30 p.m.	Power Hour/Chapel

TUESDAY, OCTOBER 22

6:30 p.m.	VIRTUS Session/Disciples
6:30 p.m.	Boy Scouts Troop 121/MPR
6:30 p.m.	Boy Scouts Troop 242/Lima
7 p.m.	Parish Council/Aquinas

WEDNESDAY, OCTOBER 23

5 p.m.	All-Parish Spaghetti Supper/MPR
6:15 p.m.	CEP Classes/Second Floor Classrooms
6:30 p.m.	EDGE Bible Study/Disciples
6:30 p.m.	Choir Rehearsal (9am)/Chapel
6:30 p.m.	Choir Rehearsal (5pm Sat)/Liturgy Office
7 p.m.	Choir Rehearsal (11am)/Chapel
7:45 p.m.	Mizzou CSA Exec/Conference
9 p.m.	Ephesians 3/MPR

THURSDAY, OCTOBER 24

10 a.m.	Adult Faith Formation: Cracking the Code/MPR
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FRIDAY, OCTOBER 25

4:30 p.m.	Awakenings #38 Dinner/MPR
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SATURDAY, OCTOBER 26

3:30 p.m.	Music Rehearsal/Chapel
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SUNDAY, OCTOBER 27

8 a.m.	Music Rehearsal/Chapel
10 a.m.	Music Rehearsal/Chapel
Noon	Altar Server Training/Chapel
3 p.m.	Music Rehearsal/Chapel
6:30 p.m.	Music Rehearsal/Chapel
6:45 p.m.	Life Night/Sacred Heart Education Building

**LOW GLUTEN HOSTS ARE AVAILABLE**

If you need low gluten communion hosts, please call the parish office.

THOUGHT FOR THE WEEK

"Humble yourself and
rely on the mercy of God"

October 27 | 30th Sunday in Ordinary Time

Sirach 35:12-14, 16-18; Psalm 34

2 Timothy 4:6-8, 16-18; Luke 18:9-14

Welcome to Newman! If you frequently attend Mass with us, please consider registering here so we can better serve you. Registration forms are in the Gathering Space under the TV, in the parish office, or online on our website (www.comonewman.org). Thank you for being part of our faith community!

MASS INTENTIONS

Monday, Oct. 21	Noon	† Mary Ellen Hughes
Tuesday, Oct. 22	Noon	† Rev. Wayne Weinlader
Wednesday, Oct. 23	Noon	† Nadia Wright
Thursday, Oct. 24	Noon	† Shelby Meyer
Friday, Oct. 25	Noon	† Jacob Franssen Sr.
Saturday, Oct. 26	5 p.m.	Dinh & † Hanh Nguyen
Sunday, Oct. 27	9 a.m.	† Jeanne Howard
Sunday, Oct. 27	11 a.m.	† Ron Frederick
Sunday, Oct. 27	5 p.m.	† Senator Yvonne S. Wilson
Sunday, Oct. 27	8 p.m.	All Parishioners

PARISH FINANCES

October 12/13

Offertory	\$17,033.57
Month-to-Date	\$51,866.42
Budget for month	\$108,000.00
Variance	— \$56,133.58

CONTACT INFORMATION

602 Turner Avenue | Columbia, MO 65201
 (573) 449-5424 | www.comonewman.org

All emails end in: @comonewman.org

Servant Leader

Fr. Rich Litzau, O.P. | rlitzop

Associate Pastor

Fr. Mike Ford, O.P. | mfordop

Associate Pastor |**Diocesan Vocations Director**

Fr. Christopher Aubuchon |
vocations@diojeffcity.org

Pastoral Associate

Sr. Karen Freund, O.P. | srkaren

Deacons

Gene Kazmierczak | deacon.gene
 Frank Ruggiero | frank.ruggiero

Receptionist

Janet Kelly | reception

Accounts Manager

Angie Claas | angie

Development Director

JoAnn Shull | joann.shull

Communications Coordinator

Theresa Nguyen | theresa

RCIA Coordinator

Lisa Rose | lisa.rose

Director of Music & Liturgy

Kelley Burns | kelley.burns

Assistant Directors of Music & Liturgy

Joe Kouba | joe.kouba
 Mary Mertes | mary.mertes

Director of Campus Ministry

Angelle Hall | angelle.hall

Assistant Director of Campus Ministry

Yvonne Chamberlain | yvonne

Campus Ministry Office Assistant

Terri Brown | campus.ministry

Resident Campus Minister

Allison Stuesse | allison

Director of Religious Education

Emily Shull | emily.shull

Director of Youth Ministry

Renee Molner | renee.molner

NEWMAN NEWS

➤ All registrations/RSVPs are found on the website under *Parish Sign Ups*:
www.comonewman.org/parish/parish-sign-ups

VIRTUS SAFE ENVIRONMENT OCTOBER 22

All adults are welcome to join us for a VIRTUS Safe Environment Training on Tuesday, October 22 from 6:30-8:30 p.m. in the Disciples Room. This class is required for all those volunteering with minors and is recommended for any adult who interacts with children on a regular basis. It deals with the subject of child abuse in order to help adults create safe spaces for children. Please register in advance on the *Parish Sign Ups* page. There is also a background check and other paperwork that will be a part of the sign-up process; contact Emily at emily.shull@comonewman.org with questions.

ALL PARISH SPAGHETTI SUPPER



All parishioners are invited for a parish supper on Wednesday, October 23 from 5 to 6:15 p.m. in the MPR (second floor)!

NOVEMBER REMEMBRANCE TABLE

"We believe that all the ties of friendship and affection which knit us as one throughout our lives do not unravel with death" (Order of Funerals). During the month of November, we remember our deceased family, friends, benefactors, and Dominican Sisters and Brothers. All are invited to participate in remembering and praying for those who have gone before us.

- **November Remembrance Table:** We will have a table in the Church for resident and student parishioners to put pictures of deceased loved ones. Pictures may be left in the sacristy prior to November 1. Please put your name and phone number on the back and remember to pick up the pictures at the end of November. If you have a digital picture for the digital picture frame, please email a jpg version of the photo to musicliturgy@comonewman.org. Be sure to include the name of the deceased and their birth/death dates.
- **Book of Names of Those Who Have Died:** The "Book of Names of Those Who Have Died" will be on the Remembrance Table in the Church for resident and student parishioners to include names of family and close friends who have died this past year.

All Saints Day



Mass Times:
October 31 — 5 p.m. (Vigil)
November 1 — Noon; 7 p.m.

ALL SAINTS DAY

All Saints Day is a holy day of obligation. Masses are on Thursday, October 31 at 5 p.m. and Friday, November 1 at Noon and 7 p.m.

INTERESTED IN JOINING THE KNIGHTS OF COLUMBUS?

The Knights of Columbus is an international Order of Catholic men who are called to lead with faith, protect our families, serve others, and defend values in a busy changing world. Newman Center Council #7231 will be holding a membership drive at all Masses the weekend of November 2-3. Whether you become an individual member or a member of our council, you will find that Knights of Columbus membership brings Catholic men together in a powerful way. Visit KofC.org/joinus (Council 7231) to join today or for more information, or contact MizzouKnights@gmail.com.

WOMEN'S SPIRITUALITY

All women are invited to join Sr. Karen for Women's Spirituality, a monthly discussion to share faith. This fall's discussion is about Praying for the Life of the World. Discussion materials will be provided. We will meet at Sr. Karen's home, 1922 W. Broadway on the lower level. The same discussion is offered on Sundays from 3-4:30 p.m. and the following Monday from 10-11:30 a.m. The dates and topics are:

- November 3/4: Sent to share what we receive
- December 1/2: Being faithful to the journey

JOB OPENING: ASSISTANT DIRECTOR OF MUSIC & LITURGY

**WE'RE
HIRING!**

We're hiring an Assistant Director of Music & Liturgy! This is a fulltime position starting January 2020. Responsibilities include directing the 5 p.m. Saturday Mass choir, coordinating special liturgies (weddings, funerals, confirmation, etc.), and overseeing liturgical ministry trainings. See the full job description and qualifications at www.comonewman.org/parish/sunday-news. Interested applicants should send a letter of interest and a resume with three references by November 8 to Kelley Burns at kelly.burns@comonewman.org.

SAVE THE DATE: A NIGHT OF DINNER & PRAYER

Mark your calendar for Acts 2:42 on Tuesday, November 5. The night starts with community dinner at 5:30 p.m. in the MPR, with a talk on the Saints and Adoration to follow in the Chapel.

NEWMAN VOLUNTEER CORPS

OCTOBER PERSONAL ITEMS COLLECTION

This month, Newman Volunteer Corps is collecting items for Coyote Hill. Requested items include Axe and Dove roll-on deodorant, toothpaste, liquid laundry detergent, toilet bowl cleaner, dishwasher soap (liquids or pods), paper towels, and toilet paper. Donations may be placed in the large silver bin in the Turner Street entrance. Donations can also be sent to their address: 9501 W. Coyote Hill Rd. | Harrisburg, MO 65256. Thanks to all those who donated to Turning Point in September!



WARM UP COLUMBIA

Newman is once again participating in Warm Up Columbia, a program offered by the Voluntary Action Center (VAC) to provide winter items for our neighbors in need. Please bring your gently used and clean coats, jackets, blankets, hats, gloves, scarves, and socks this week (October 14-23) for this important collection! The bin to collect these items will be in the Gathering Space. If you have any questions, email nvc@comone Newman.org.

EL SALVADOR COFFEE & CHOCOLATE SALES

Next weekend, NVC will be selling coffee and chocolate from El Salvador in the Gathering Space after all Masses. Cash and checks are accepted. The proceeds from the sale goes toward scholarships for children in our sister parish in La Libertad, El Salvador. Coffee and chocolate sales occur every fourth weekend of the month.

CATHOLIC STEWARDSHIP APPEAL



Catholic

STEWARDSHIP APPEAL

This weekend we begin our Catholic Stewardship Appeal at St. Thomas More Newman Center. This annual appeal is the primary source of funding for sustaining ministry and assistance for the 110 Catholic churches in the 38 counties that make up the Diocese of Jefferson City. The 2020 CSA theme, "*as each one has received a gift, use it to serve one another as good stewards,*" encourages each of us to give back to God for what we have received. Please pray and give consideration on how you can help with this year's Catholic Stewardship Appeal. For more information on the appeal, visit the bulletin board in the Gathering Space or www.diojeffcity.org/catholic-stewardship-appeal-2020.

COMO LIFE TEEN

UPCOMING LIFE NIGHTS

Join us for Life Night tonight, where we'll be continuing our series on Catholic Social Teaching! Our next Life Night will be next Sunday, October 27, and we'll be having a Halloween Party! For our full Fall schedule, find us on Facebook, Twitter and Instagram at [@comolifeteen](https://www.instagram.com/comolifeteen). We meet for Life Nights on Sundays from 6:45-8:30 p.m. at the Sacred Heart Education building. Join us for dinner, friends, and games!



WE PRAY

for our Newman Community

For those who are sick, especially Paul Rost, *brother of a parishioner*, and Jason Norris, *son of Alan Norris*.

For our beloved dead. Eternal rest grant unto them and let perpetual light shine upon them. May they rest in peace. Amen.

Pope Francis' October Prayer Intention: That the breath of the Holy Spirit engender a new missionary "spring" in the Church.

Bishop McKnight's October Prayer Intention: For the cessation of violence; that our communities foster a culture of life and peace by recognizing the dignity of every human being, made in the image and likeness of God.

Call the Parish Office to request prayers or to have the Eucharist brought to the homebound. Names will be listed for two weeks.

A STEWARD'S WAY

GROWING AS A STEWARD: FORMATION

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden is light." (Matthew 11:28-30)



How is your relationship with Jesus? How is He calling you to be fully alive? Last month, we focused on growing in the pillar of prayer. This month, take some time to grow in the pillar of formation. I plan to grow in my faith by:

- o Reading the Bible and/or daily readings and sharing the Good News with others (the Pray-As-You-Go podcast sends a daily 12 minute Lectio Divina meditation on one of the daily readings)
- o Reading Catholic books or blogs
- o Listening to a Catholic podcast (The Stone Collective and The Catholic Feminist Podcast are both hosted by current/former Newman staff! Others include: Abiding Together, Pints with Aquinas, The Catholic Hipster, The Jennifer Fulwiler Show, Fr. Mike Schmitz, Word on Fire by Bishop Barron, St. Paul Center for Biblical Theology with Scott Hahn, Catholic Stuff You Should Know, and Do Something Beautiful with Leah Darrow)
- o Attending a retreat (Jefferson City Marriage Encounter is November 2-3; Cursillo can be found at diojeffcity.org/cursillo)
- o Attending parish education classes (Thursday mornings with Sr. Karen)
- o Learning through teaching as a catechist/core member for religious education (K-8, middle school, or teens)
- o Cultivating the Fruits of the Spirit: Love, Joy, Peace, Patience, Kindness, Generosity, Faithfulness, Gentleness, Self-control (Gal 5:22)
- o Contacting the parish staff to help find the right opportunity for me to grow in my faith

CEP & EDGE

CEP & EDGE SERVICE PROJECT: SPAGHETTI SUPPER

The All-Parish Spaghetti Supper will be Wednesday, October 23. We're looking for kids and adults to help cook from 3:45-5:15 p.m. or to serve from 5-6:15 p.m. Dinner wraps up at 6:30 p.m. Emily and Rebecca will be there to direct the team. Contact emily.shull@comoneyman.org for more information.

NO CHILDREN'S MINISTRIES OCTOBER 27

There will be no kids ministries (CEP, Children's Liturgy, or the Nursery) on Sunday, October 27 due to the college Awakenings retreat. We will be without many of our student volunteers and some staff who will be on the retreat.

NO WEDNESDAY CEP ON OCTOBER 30

Wednesday is ahead of our Sunday classes, and we're giving everyone October 30 off prior to the long weekend for CPS.

KIDS' CORNER

For Kids: God is asking us to pray. Do you pray everyday? Can you pray everyday this week?

For Parents: The habit of prayer is vital; it helps us to keep so much of our life in perspective. This week, make sure you reconnect with God and that your family does too. Make plans for a routine of prayer in your family life like reading the Sunday Gospel together or offering thanksgiving and petitions after dinner each night.



Puzzle

Find and circle these words from today's Gospel:

STORY
PRAYING
JUDGE

WIDOW
FAIR
PROTECT

CONCERNED
HURRY
HELP

M A K S E W U R H T
H P R A Y I N G E A
T R I G T D E F L I
E O A S T O R Y P T
M T N I C W H O U J
R E F R A I U L T U
H C O N C E R N E D
E T J U D G R F U G
F A I R S E Y D T E
O D N Y T H I F N A

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CAMPUS MINISTRY



All registrations/RSVPs for campus ministry are found on the website under *Event Sign Ups*:
www.comoneyman.org/campus-ministry/cmsignup

VOCATION VISIT

Sr. Karolyn, FSGM will be visiting to offer one-on-one spiritual direction and discuss vocational discernment on Wednesday, October 23. She will also give the Prayer talk at Ephesians 3 that night. Visit the *Event Sign Ups* page to RSVP for lunch after daily Mass with Sr. Karolyn or to schedule a one-on-one appointment for spiritual direction or vocational discernment.

CHRISTUS VIVIT

Christus Vivit

The very first truth I would tell each of you is this: "God loves you." It makes no difference whether you have already heard it or not.

[Christus Vivit, Ch 4:112]

An Apostolic Exhortation of the Holy Father Francis to Young People and the People of God

CATHOLIC RELIEF SERVICES STUDENT TRAINING

Want to learn more about how the Catholic Church works for justice around the world? Come to CRS Student Ambassador Regional Training with a group of students from Newman! The training will be held at the O'Reilly Catholic Center at Missouri State University in Springfield on Saturday, November 2 from 9 a.m. to 4 p.m. A group from Newman will carpool to the event. Visit *Event Sign Ups* to register for the event. Contact Emma Heienickle at nvc@comoneyman.org for more information.

FALL MERCHANDISE SALES

Show your Newman pride! Order your swag from our fall line (Newman sweatshirt, hat, and pocket tee). Items will be available for purchase through October 31. See the weekly email or Yvonne at yvonne@comoneyman.org to purchase the items.

ALL-PARISH SPAGHETTI SUPPER

