

## Choosing a Confirmation Saint

- ❑ You will be asked to choose a saint as a part of the process of Confirmation who you want to look to as an example of holiness and inspiration.
- ❑ Where to start? The name you were given at Baptism. Since Baptism is the beginning of your Christian Initiation and Confirmation is the culmination consider one of the names your parents chose for you.
- ❑ What else? Is there a saint whose story inspires you? There are many patron saints, including patrons of professions, hobbies, etc. Their stories might reflect aspects of life or faith you are already passionate about.
- ❑ Do some research. Pull out an old book of saints from when you were a kid, spend some time doing research on the internet, talk with your sponsor about saints they admire. Most every day is the feast of some saint—visit [usccb.org](http://usccb.org) and click on any calendar day to find out which saint is being remembered that day.
- ❑ Your Saint does not need to share your gender. It's not necessary that girls pick female saints or guys pick male ones.