

# NEWMAN NEWS



First Sunday of Lent | March 10, 2019 | [www.comonewman.org](http://www.comonewman.org)

## MASS TIMES —

**SUNDAY:** 9 a.m. | 11 a.m.  
5 p.m. | 8 p.m.

**SATURDAY:** 5 p.m.

**WEEKDAY:** Noon

## RECONCILIATION:

Tuesday & Saturday: 4 - 4:30 p.m.

## ADORATION/HOLY HOUR:

Weekday: 8:30-9:30 a.m.  
Tuesday & Thursday: 4-5 p.m.

## OFFICE HOURS:

Monday-Friday:  
8 a.m.-Noon & 12:30-4:30 p.m.

## COME, FOLLOW ME



[www.comonewman.org](http://www.comonewman.org)

## #COMONEWMAN PHOTO OF THE WEEK



### @socialbutterflymo

That's our boy Troy!  
Way to represent from  
#Homecomingroalty to #MIZZOU39!  
Yeah baby! So proud of you. Let's Hear It  
For The Boy #mizzoucsa #comonewman

## *First Sunday of Lent*

The devil said to him,  
"If you are the Son of God,  
command this stone  
to become bread."

Jesus answered him,  
"It is written, *One does not  
live on bread alone.*"

Luke 4

## IN THIS WEEK'S ISSUE

**Prepare our  
Hearts and Minds**

By Fr. Rich, O.P.  
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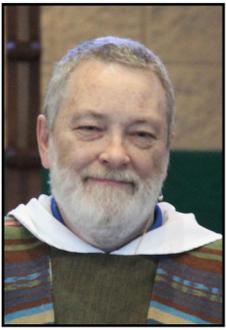
**Knights of  
Columbus**

**Fish Fry**  
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**St. Jean Vianney's  
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in Jefferson City  
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## PREPARE OUR HEARTS AND MINDS



**FR. RICH**  
*Servant Leader*

As Lent loomed on the horizon, Theresa, our communications and technology coordinator, reminded me that I had a column to write. After some thoughtful consideration, I submitted a column that I had written before. It centered on the idea that we should be intentional and think about being more engaged through prayer and study during the season. She reminded me that I had used that column before and perhaps I would like to write a new one (*very heavy sigh*).

As a result, I've joined with my fellow Catholics as they consider how to more fully enter into this season. Here we are.

The themes don't change; the readings for Ash Wednesday are the same. The prophet Joel, challenges us: "Even now, says the LORD, return to me with your whole heart, with fasting ... Blow the trumpet in Zion! Proclaim a fast, call an assembly!" Paul reminds us that when it comes to praising God and serving Him: "Behold, now is a very acceptable time." We hear in Matthew, as we do every year, to pray, to fast, and to give alms so that the Father knows, not the whole world.

When I was younger, fasting from something was preordained; it usually involved staying away from sweets, skipping a meal during the day, or occasionally not watching a TV show. NB. No internet in my youth to fast from. We participated in Stations of the Cross with my school each Friday, and, of course, the ever popular, "Fish on Friday." Here's a confession: I like fish, so it didn't feel particularly penitential. And the world turns, and turns.

While the emphasis remains on the practices of fasting, prayer, and "alms" giving, what they look like has changed considerably. And therein lies our challenge.

Fasting has morphed into a process whereby we abstain from social media, watching our favorite shows, or engaging in another favorite pastime, video games. It requires a discipline that requires an attentiveness; sometimes we break a fast before we even know we've done it because they are habits that we engage in on autopilot.

What does our prayer life look like now? Do I really have time to add one more thing to my schedule? The opportunity for time before the Blessed Sacrament is available at all three of our parishes; check it out. Weekday Masses are offered morning, noon, and evenings; check it out. Getting together with friends and chatting about Scripture serves a dual role of sharing the Gospel and spending time with our friends. The Rosary is an individual prayer opportunity that requires practically no equipment and very little space; it translates to any time, any place. Did I mention that all three of our parishes offer penance services throughout Lent?

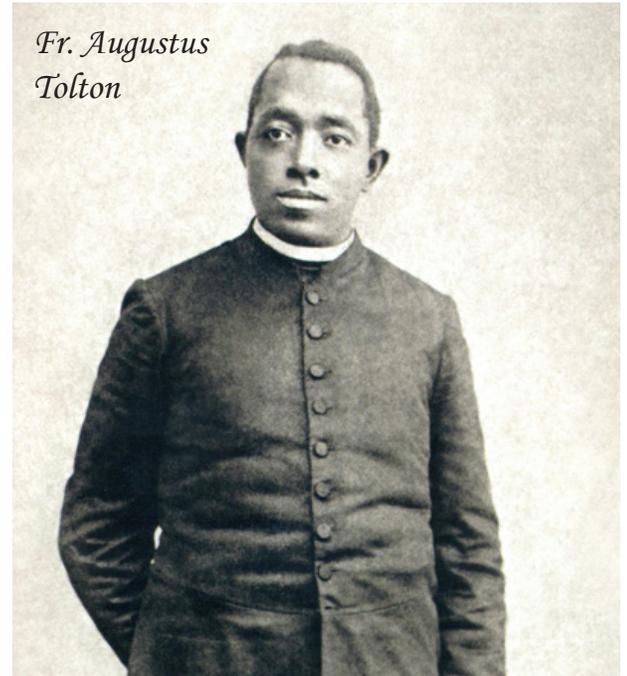
"Almsgiving" can be an opportunity to combine fasting with a sharing of our treasure. If we are abstaining from a form of entertainment or activity that we spend money on, we can re-direct those funds to the Food Bank, homeless shelters, or Catholic Relief Fund. If we are overwhelmed by requests for support, focus on one, do some research, and decide whether to support the organization or not.

Lent calls us to stop and decide how our faith life can become deeper and how our prayer life can be fuller, richer, and more frequent. It is a time for us to acknowledge the role that our faith community plays in our lives or, even, whether it plays a role at all. Lent calls us to prepare our hearts and minds to be present and involved in commemorating the events beginning with the upper room and ending with an empty tomb. Join Jesus in the desert this year.

*Fr. Rich, O.P.*

## CELEBRATE DIVERSITY IN THE CHURCH

The Fr. Tolton Legacy Society would like to invite everyone to our fourth annual Mass and luncheon celebration on Sunday, April 7 honoring the diversity of one of God's faithful servants, Fr. Augustus Tolton. The celebration Mass is at 11 a.m. and the luncheon will follow immediately afterward. Tickets are being sold for \$12 each in the Gathering Space this weekend and next weekend after all Masses. Please stop by and purchase your tickets! Seating is limited so please purchase early.



*Fr. Augustus Tolton*

We would love to have additional parishioners and students join the committee in planning the celebration Mass and luncheon! If you are interested, come to our meeting, March 17 and 31, in the conference room from 12:15-1:30 p.m.

## THOUGHT FOR THE WEEK



**March 17 | Second Sunday of Lent**

Genesis 15:5-12, 17-18; Psalm 27

Philippians 3:17 — 4:1; Luke 9:28-36

**LIBRARY HOURS THIS WEEK**

Sunday — Tuesday, Thursday: 10 a.m. to Noon  
Wednesday: 6:30-7:30 p.m.

For the full catalog listing of the library, visit:  
[www.comonewman.org/dbd-ministries/kemper-library](http://www.comonewman.org/dbd-ministries/kemper-library)

**MONDAY, MARCH 11**

6 p.m.	Mass Planning Team Meeting/Aquinas
6 p.m.	Newman Night at the Food Bank
7 p.m.	Music Rehearsal Student Choir/Chapel
7 p.m.	RCIA/MPR
9:30 p.m.	Power Hour/Chapel

**TUESDAY, MARCH 12**

10:30 a.m.	"Why Stay Catholic?"/Disciples
6:30 p.m.	Boy Scouts Troop 121/MPR
6:30 p.m.	Widows Helping Widows/Disciples
7 p.m.	Lector Training/Aquinas
8 p.m.	Adult Confirmation Class/Disciples
8 p.m.	E3 Band Practice/MPR

**WEDNESDAY, MARCH 13**

4:30 p.m.	Newman Night at Loaves and Fishes
6:15 p.m.	CEP Classes/All Classrooms
6:15 p.m.	EDGE Bible Study/Disciples
6:30 p.m.	Music Rehearsal (5 p.m. Saturday)/Chapel
6:30 p.m.	Music Rehearsal (9 a.m.)/Sacristy
7 p.m.	Music Rehearsal (11 a.m.)/Chapel
9 p.m.	Ephesians 3/MPR

**THURSDAY, MARCH 14**

10 a.m.	Holy Land Virtual Pilgrimage/Disciples
5:30 p.m.	Al Anon/Merton
7 p.m.	A Walk Through the Catechism/Disciples
7 p.m.	Eucharistic Minister Training/Aquinas

**FRIDAY, MARCH 15**

1 p.m.	Korean Legion of Mary/Conference
4:30 p.m.	Knights of Columbus Fish Fry/MPR

**SATURDAY, MARCH 16**

3:30 p.m.	Music Rehearsal/Chapel
6:30 p.m.	Korean Mass/Chapel

**SUNDAY, MARCH 17**

8 a.m.	Music Rehearsal/Chapel
9 & 11 a.m.	Children's Liturgy/Lima, Merton, Day, Romero
9 & 11 a.m.	Nursery Open/De Porres
10 a.m.	Music Rehearsal/Chapel
10 a.m.	CEP Classes/All Classrooms
Noon	Korean Community Time/Aquinas
Noon	Fr. Tolton Legacy Society/Conference
1:30 p.m.	Youth Ensemble Rehearsal/Chapel
2:30 p.m.	Confirmation Students Q&A/MPR
2:30 p.m.	Confirmation Parents Q&A/Disciples
3 p.m.	Women's Spirituality/1922 W. Broadway
3 p.m.	Music Rehearsal/Chapel
6 p.m.	EDGE/MPR
6:30 p.m.	Music Rehearsal/Chapel
6:45 p.m.	Life Night/103 Waugh Street
9:15 p.m.	Spring Break Pilgrimage Meeting/Disciples

**WELCOME!**

Welcome to Newman! If you frequently attend Mass with us, please consider registering here so we can better serve you. Registration forms are in the Gathering Space under the TV, in the parish office, or online on our website ([www.comonewman.org](http://www.comonewman.org)). Thank you for being part of our faith community!

**MASS INTENTIONS**

Monday, March 11	Noon	+ Chuck Wilson
Tuesday, March 12	Noon	+ Alexander Lising
Wednesday, March 13	Noon	Barbara Hill Family
Thursday, March 14	Noon	+ Charles Henry Sharp
Friday, March 15	Noon	+ Therese Huong Ton
Saturday, March 16	5 p.m.	Dinh & + Hanh Nguyen
Sunday, March 17	9 a.m.	+ Alexander O'Day
Sunday, March 17	11 a.m.	+ Richard Heimbürger
Sunday, March 17	5 p.m.	+ Mary Louise O'Day
Sunday, March 17	8 p.m.	All Parishioners

**PARISH FINANCES**

March 2/3

Offertory	\$41,787.42
Month to Date	\$41,787.42
Budget for Month	\$127,950.00
Variance	— \$86,162.58

**CONTACT INFORMATION**

602 Turner Avenue | Columbia, MO 65201  
(573) 449-5424 | [www.comonewman.org](http://www.comonewman.org)

All emails end in: [@comonewman.org](mailto:@comonewman.org)

**Servant Leader**

Fr. Rich Litzau, O.P. | [rlitzop](mailto:rlitzop)

**Associate Pastor**

Fr. Reginald Wolford, O.P. | [reginaldwop](mailto:reginaldwop)

**Associate Pastor |****Diocesan Vocations Director**

Fr. Christopher Aubuchon | [vocations@diojeffcity.org](mailto:vocations@diojeffcity.org)

**Pastoral Associate**

Sr. Karen Freund, O.P. | [srkaren](mailto:srkaren)

**Deacons**

Gene Kazmierczak | [deacon.gene](mailto:deacon.gene)  
Frank Ruggiero | [frank.ruggiero](mailto:frank.ruggiero)

**Receptionist**

Janet Kelly | [reception](mailto:reception)

**Accounts Manager**

Angie Claas | [angie](mailto:angie)

**Development Director**

JoAnn Shull | [joann.shull](mailto:joann.shull)

**Communications Coordinator**

Theresa Nguyen | [theresa](mailto:theresa)

**RCIA Coordinator**

Lisa Rose | [lisa.rose](mailto:lisa.rose)

**Director of Music & Liturgy**

Kelley Burns | [kelly.burns](mailto:kelly.burns)

**Assistant Directors of****Music & Liturgy**

Joe Kouba | [joe.kouba](mailto:joe.kouba)  
Trent Rash | [trent](mailto:trent)

**Director of Campus Ministry**

Angelle Hall | [angelle.hall](mailto:angelle.hall)

**Assistant Director of Campus Ministry**

Yvonne Chamberlain | [yvonne](mailto:yvonne)

**Campus Ministry Office**

**Assistant**  
Terri Brown | [campus.ministry](mailto:campus.ministry)

**Resident Campus Minister**

Allison Stuesse | [allison](mailto:allison)

**Director of Religious Education**

Emily Shull | [emily.shull](mailto:emily.shull)

**Director of Youth Ministry**

Renee Molner | [renee.molner](mailto:renee.molner)

**Maintenance/Custodian**

Jimmy Carmichael

## NEWMAN NEWS

All registrations/RSVPs are found on the website under Parish Sign Ups:

[www.comonewman.org/parish/parish-sign-ups](http://www.comonewman.org/parish/parish-sign-ups)

### INCENSE AT MASS

During Lent, incense will be used during the 5 p.m. and 8 p.m. weekend Masses.

### SOUND SYSTEM TESTING

In the upcoming weeks, we will be testing some alternatives for the sound system with the hope of finding a solution to improve the clarity/hearing of the spoken word during weekend Masses. Please direct any observations/comments to [musicliturgy@comonewman.org](mailto:musicliturgy@comonewman.org). Thanks for your patience!

### KNIGHTS OF COLUMBUS FOOD BANK COLLECTION

**Thank you!** Members of the parish donated over \$1500 during the Knights of Columbus collection benefiting the Food Bank for Central and Northeast Missouri this weekend. After matching funds are applied, \$2600 will be donated to the Food Bank! Missed Mass because of the storm Sunday? You can still donate online at [MizzouKnights.org](http://MizzouKnights.org), with the potential to unlock another \$100 national matching gift. Thank you again for your support!

### EASTER CHILDREN'S CHOIR



All young vocalists and instrumentalists in fourth grade or older are invited to join our Children's Choir for the 11 a.m. Easter Mass. Instrumentalists must have at least one year of experience with their instrument. Rehearsals are in March and April; the first rehearsal is March 10. Please contact Kelley at [kelly.burns@comonewman.org](mailto:kelly.burns@comonewman.org) if you're interested or with questions.

### INTERNATIONAL WOMEN GATHERING

All women are invited to Eunsook Hahm's house (4110 Cedar Crest Lane) at 10 a.m. on Monday, March 11 for this month's gathering of international women. Please contact Eunsook if you will be able to attend at [kimhahm@hotmail.com](mailto:kimhahm@hotmail.com) or 573-514-4953. Hope to see you there!

### "WHY STAY CATHOLIC?" — FAITH FORMATION

Dr. Jill Raitt is leading a Faith Formation seminar on Michael Leach's lighthearted, amusing, and profound book, *Why Stay Catholic? Unexpected Answers to a Life-Changing Question*. "The book resonates with the practical, the joyous, the spirit-lifting, and the reality of what it means to live as a Catholic." The seminar goes through April 9 in the Disciples Room from 10:30-11:30 a.m.

### VIEW LENTEN RESOURCES ONLINE

Wondering what opportunities there are to pray, study, and serve this Lent? Visit [www.comonewman.org/lent](http://www.comonewman.org/lent)

### WAYS TO SERVE AT MASS

Are you interested in serving at the Mass in an intentional way? There are upcoming opportunities to become a Eucharistic Minister, Lector, and Soundboard Operator. Volunteers are needed for all weekend Masses!

- **Eucharistic Ministers:** The next Eucharistic Minister training is Thursday, March 14 at 7 p.m. in the Aquinas Room. Please RSVP at the Parish Sign Ups page or contact [trent@comonewman.org](mailto:trent@comonewman.org).
- **Lectors:** The next Lector training is on Tuesday, March 12 at 7 p.m. in the Aquinas Room. Please RSVP at the Parish Sign Ups page or contact [trent@comonewman.org](mailto:trent@comonewman.org).
- **Soundboard Operators:** Trainings for the soundboard are flexible and one-on-one with a mentor. Contact Kelley Burns at [kelly.burns@comonewman.org](mailto:kelly.burns@comonewman.org) if interested.

### KNIGHTS OF COLUMBUS FISH FRYS

Enjoy a great meal as you experience the family tradition of a Knights of Columbus Fish Fry dinner. Delicious food and good friends build a happy community. Bring your family, friends, and a healthy appetite. Your generous support enables us to support a variety of charitable activities. At Newman, the cost is \$10 for adults, \$5 for children, and \$8 for students. Cash and card will be accepted and carryout is available.

**Knights of Columbus Fish Frys**  
Fridays | 4:30-7:30 p.m.

March 8: Knights Hall  
March 15: Newman  
March 22: Fr. Tolton High School  
March 29: Fr. Tolton High School  
April 5: Knights Hall

### SAVE THE DATE: TRI-PARISH WOMEN'S RETREAT

Mark your calendars for the Tri-Parish Women's Retreat, "Courageous & Captivating: Women Made New in Christ" on Saturday, April 6 from 9 a.m. to 3 p.m. The retreat will be led by award-winning writer Katie Sciba. More information to come!

## AROUND TOWN

### CURSILLO NEWS

As a Cursillista, are you interested in understanding the direction our Jefferson City Cursillo Movement is headed? Mark your calendars for the Region 6 Encounter in Kansas City, Kansas, March 15-17 as we review the new Step by Step Rector/Rectora Manual. Registration for this weekend is available at: [www.natl-cursillo.org/region6/encounters.htm](http://www.natl-cursillo.org/region6/encounters.htm). For more information, contact Susan Stolwyk at [s.stolwyk@gmail.com](mailto:s.stolwyk@gmail.com).

# NEWMAN VOLUNTEER CORPS



## COLLECTION TO TIGER PANTRY

Thank you for donating items for Love, INC in February! This month, Newman Volunteer Corps is collecting items for MU's Tiger Pantry. Requested items include hygiene products and easy-to-prepare, non-perishable food. A list of needed items is available on the Tiger Pantry website: [tigerpantry.missouri.edu](http://tigerpantry.missouri.edu) and posted on the NVC bulletin boards in the Gathering Space and outside the MPR on the second floor. Donations may be placed in the large silver bin in the Turner Street entrance. The usual collection for the Food Bank will also take place this month. Thank you for your generosity!

## NEWMAN NIGHT AT THE FOOD BANK

The next Newman Night at the Food Bank is Monday, March 11 from 6-8 p.m. Our usual night is the second Monday of each month. The Food Bank depends on volunteer groups, such as ours, to repackage food for the recipients. In February, we bagged carrots, then packaged Frosted Flakes for the Buddy Pack program.

The Food Bank is now requiring all volunteers to set up a profile. Please follow these instructions to register online:

1. Visit the Parish Sign Ups page. Click the "Serve at the Food Bank" button.
2. Select your desired event and follow the instructions to access the CERVIS registration system. If this is your first time using the CERVIS online registration system, you will be prompted to create a Volunteer Profile.

The event reservation code is: NEWMANCENTER. In order to volunteer on March 11, you will need to register for that night by 4 p.m. on Friday, March 8. If you do not have computer access, a paper form is located on the gathering space bulletin board for you to complete. You can contact Melanie Lake at 573-447-6609 to input this information. Thanks so much to each of you who have registered already!

## NEWMAN NIGHT AT LOAVES AND FISHES

Every second Wednesday of the month, Newman cooks and serves dinner at Loaves and Fishes Soup Kitchen in Columbia. The next Newman Night at Loaves and Fishes is March 13. Volunteers are needed to cook, serve dinner, or bake desserts. Please RSVP on the sign ups page on our website. Loaves and Fishes is located at 702 Wilkes Blvd. (at the Wilkes Blvd. United Methodist Church).

## ARE YOU FORCOLUMBIA? SAVE THE DATE

How much good can 66 churches and over 2,000 volunteers do at 100 locations on one day? Plenty! Mark your calendars for the 2019 Day of Service — ForColumbia: Saturday, April 27. Contact Mary Waters for more information at [mjh2oworks@gmail.com](mailto:mjh2oworks@gmail.com). Online registrations will begin later.



## CENTRAL PANTRY COLLECTION

February Total: 135 pounds

Thank you for your donations! Donate at the bin in the Turner Street entrance.



# WE PRAY

*for our Newman Community*

For those who are sick, especially Fr. Charlie Pardee, former pastor of Newman.

For our beloved dead, especially Miriam Hemphill, Jeanne Oldweiler, and Patrick Mudd, father of Donna Johanning. Eternal rest grant unto them and let perpetual light shine upon them. May they rest in peace. Amen.

*Pope Francis' March Prayer Intention:* That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

*Bishop McKnight's March Prayer Intention:* For a penitential spirit: that our observance of Lent may open our own hearts to greater sorrow for sins that offend our love of God and neighbor.

*Call the Parish Office to request prayers or to have the Eucharist brought to the homebound. Names will be listed for 2 weeks.*

## COMO LIFE TEEN

### ALIVE AND DANGEROUS — LIFE NIGHT SPRING SERIES

Join us for Life Night tonight, March 10, to learn about our call to holiness! Meet at the Sacred Heart Education building at 6:45 p.m. for food, fellowship, and lots of fun!

### CONFIRMATION STUDENTS:



If you forgot to bring your letter to the Bishop/service hour form/service hour reflection to the March 10 class, please bring them to Renee's office as soon as possible. Don't forget, we have our make-up class on March 17 from 2:30-4:30 p.m. in the MPR.

### CALLING ALL EIGHTH & NINTH GRADERS

Shake yourself from the dust

and **RISE UP**

**LUKE 18**

April 5-7

Registration opens February 1:

[www.ourladyoflourdes.org/luke18](http://www.ourladyoflourdes.org/luke18)



Sign up for Luke 18 here: <http://ourladyoflourdes.org/luke18>. Sophomores through seniors in high school can use the same link to sign up to work the retreat. This is a great opportunity for our 10th through 12th graders to work on their leadership skills, and it's a fun retreat for the eighth and ninth graders because it's put on by their peers. Don't miss out — sign up now!

## CEP & EDGE

### MIDDLE SCHOOLERS, WHAT WILL YOU DO FOR LENT?

Did you know that we offer both a middle school mens and middle school womens bible study on Wednesday evenings from 6:30-7:30 p.m. led by our college core members? If you'd like more information, please contact [emily.shull@comonewman.org](mailto:emily.shull@comonewman.org)

### FIRST COMMUNION INTERVIEWS

We will be in touch with sign-up options for priest interviews prior to spring break. They will be on Wednesdays (class nights) and Sundays following 11 a.m. Mass. If those times do not work for you, we can schedule a different time as soon as we come back from spring break!

## KIDS' CORNER

**For Kids:** Lent is about changing our hearts and coming closer to God. What can you do this Lent to spend more time with God?

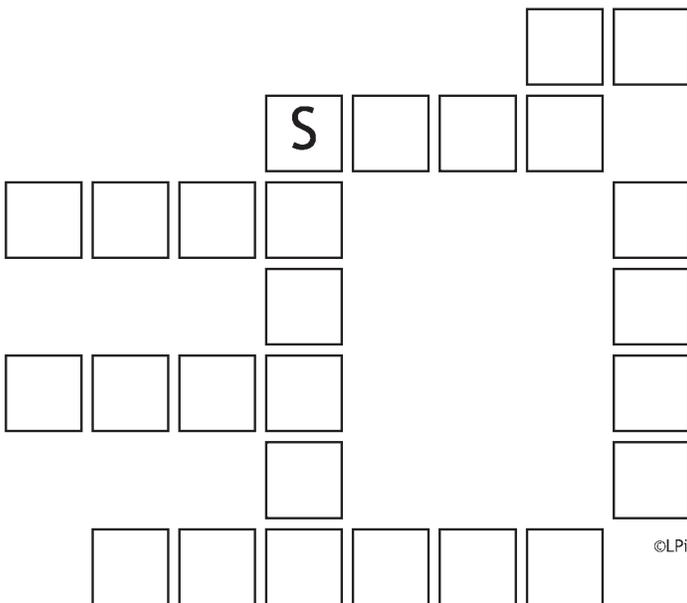
**For Parents:** In Lent, the Church calls us to prayer, fasting, and almsgiving. Come up with a plan as a family and get creative! What will help you to grow closer as a family and closer to God? What small way can your giving make a real difference for someone else?



### Puzzle

Fit this Gospel message into the empty squares:

**Your Father sees what is done in secret.**



©LPi

## CAMPUS MINISTRY

All registrations/RSVPs for campus ministry are found on the website under Event Sign Ups: [www.comonewman.org/campus-ministry/cmsignup](http://www.comonewman.org/campus-ministry/cmsignup)

### THEOLOGY ON TAP

Mizzou CSA will host a Theology on Tap on Thursday, March 14 at the Heidelberg (410 S. 9th St.) at 7 p.m. For more information, contact Katherine Lane, at [kcl2p4@mail.missouri.edu](mailto:kcl2p4@mail.missouri.edu).

### STATIONS OF THE CROSS

Campus Ministry will host Stations of the Cross on the following days during Lent:

- Thursday, March 14 at Noon at Stephens College
- Friday, April 5 at 6 p.m. in the Chapel

For more information about prayer opportunities during Lent, visit [www.comonewman.org/lent](http://www.comonewman.org/lent).

### DONATIONS TO TIGER PANTRY

This month, Newman Volunteer Corps is collecting items for MU's Tiger Pantry. Support your fellow student by making a donation of much needed personal hygiene and easy-to-prepare, non-perishable food items. (You can donate swipes!) Visit the Tiger Pantry website, [tigerpantry.missouri.edu](http://tigerpantry.missouri.edu), or the NVC bulletin board in the Gathering Space for a list of needed items. Donations may be placed in the large silver bin in the Turner Street entrance. Thank you!

### ST. JEAN VIANNEY'S INCORRUPT HEART

The major relic of St. Jean Vianney's incorrupt heart will make a visit to the Cathedral of St. Joseph in Jefferson City on Saturday, March 16 from 8 a.m. to 7 p.m. Please join the Office of Vocations in this wonderful opportunity to venerate the major relic of St. Jean Vianney, and partake in a day of prayer for an increase of vocations to the diocesan priesthood. The day will begin with Mass, confessions will be available from 8 a.m. to 5 p.m., and Adoration of the Blessed Sacrament will be available. The day will conclude with the regularly scheduled parish Sunday vigil Mass. Contact the Vocations Office for more information at 573.635.9127 ext. 211 or email [followme@diojeffcity.org](mailto:followme@diojeffcity.org).

### SPEND TIME WITH JESUS

Adoration is available Mondays from 9:30-10:30 p.m.; Monday to Friday, 8:30-9:30 a.m.; and Tuesdays and Thursdays, 4-5 p.m. It is important that we ensure someone is present with Jesus at all times. If you are interested in being a committed adorer in the afternoon, please email [kelley.burns@comonewman.org](mailto:kelley.burns@comonewman.org).



### EPHESIANS 3 (E3)

Join us every Wednesday at 9 p.m. in the MPR! Ephesians 3 is an hour of prayer, a talk, praise and worship music, and fellowship. Catch old talks on our Youtube channel — CoMoNewmanCenter.

## COME, FOLLOW ME



[www.comonewman.org](http://www.comonewman.org)

